

CURRICULUM VITAE

Full name	Shaimaa Magdy Hussein Abu-Youssef
Birth date	07/10/1981
Title	Pulmonology Consultant, Benha University Hospitals Assistant professor of Chest Diseases, and Tuberculosis, Benha University Hospitals
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Education

Colleges/Universities	Degree	Year	Field of study
Faculty of medicine, Benha university	M.B.B.CH	2004	Medicine & Surgery
Faculty of medicine, Benha university	M.Sc.	2009	Chest Diseases and Tuberculosis
Faculty of medicine, Benha university	M.D.	2016	Chest Diseases and Tuberculosis

Professions

- March 2005- February 2006: House officer, Banha University Hospital, Egypt.
- March 2006- August 2006: Family Medicine physician and General practitioner at Egyptian ministry of health, Egypt.
- August 2006- July 2009: Resident of Chest diseases and Tuberculosis: Chest Department, Banha University Hospital, Egypt.
- July 2009 - July 2016: Assistant Lecturer of Chest diseases and Tuberculosis; Benha Chest Department, Benha University Hospital, Egypt.
- September 2016: Lecturer of Chest diseases, and Tuberculosis, Benha University Hospital, Egypt.
- August 2021: Assistant Professor of Chest Diseases and Tuberculosis, Benha University Hospital, Egypt.
- June 2021: Member of Quality Assurance unit, Faculty of Medicine, Benha University.
- July 2022: Head of Early Clinical Experience and Communication Skills module, Benha university
- September 2022 till now: Head of sleep breathing disorders unit, Benha University Hospitals
- September 2023 till now: added member and Consultant of respiratory care unit till now

Professional skills: -

- **Pulmonary Function Tests** - Performing and interpreting all PFTs (lung volume, capacities, and diffusion capacity) - Preoperative Assessment of PFTs of Patients Undergoing Thoracic Surgery –
- **Mechanical Ventilator and ICU - Respiratory Care Unit Member at Benha University Hospital** - Central Lines, Arterial Lines, CV Lines, End Bronchial Intubation, Care of Tracheostomy Tube, Dealing with Different MV Machines Invasive and Non-invasive -
- **Bronchoscopy Procedures** – Member of Bronchoscopy and medical thoracoscopy Unit, Benha University Chest Department - Diagnostic Procedures: Bronchial Lavage, Bronchoalveolar Lavage, Bronchial Brushing, Endobronchial and Transbronchial Lung Biopsy, Endobronchial Ultrasound- Transbronchial Needle Aspiration - Therapeutic Procedures: Removal of Foreign Body, Endobronchial Tumor Debulking by Cryotherapy or Electrocautery.
- **Pleural Procedures** - Thoracentesis for Both Diagnostic and Therapeutic Purposes
- **Chest Ultrasound Unit Team Member** - Diagnostic Tool for Chest diseases Applying Blue, FALLS, PINK Protocols in Diagnosing Chest Diseases - US Image-Guided Biopsy –
- **Pulmonary Hypertension** - Member of Pulmonary Hypertension Unit and Right Cath Lab at Benha University Hospital

Educational Experience: -

- Undergraduate Teaching Including Lectures on Pulmonary Medicine & Clinical Teaching on Rounds –
- Postgraduate Teaching of Pulmonary Medicine and Clinical Teaching Rounds –
- Organizing Workshop on Sleep Medicine Unit for Postgraduate Students – at Benha University Hospitals.

Publications:

	All	Since 2019
Citations	36	36
h-index	3	3
i10-index	2	2

Shaimaa Magdy Abo Youssef

Lecture of Chest diseases, [Benha University](#)

Verified email at fmed.bu.edu.eg

[interventional bronchoscopy](#)

TITLE	CITED BY	YEAR
Polysomnographic and pulmonary function changes in patients with sleep problems after septoplasty with turbinectomy YMH Mandour, SMA Youssef, HH Moussa American Journal of Otolaryngology 40 (2), 187-190	11	2019
Open versus closed pleura internal mammary artery harvesting and early pulmonary function after coronary artery bypass grafting ME Rezk, MA Elgazzar, SMA Youssef, AS Emeraa, AE Elkafoury, ... Heart, Lung and Circulation 29 (9), 1412-1417	10	2020
Diagnostic role of interleukin-33 in the differentiation of pleural effusions especially tuberculous and malignant effusions ASH Al-Aarag, MH Kamel, ER Abdelgawad, SM Abo-Youssef, ... BMC pulmonary medicine 19, 1-8	9	2019
Anti-citrullinated peptide antibodies with interstitial lung disease in patients with rheumatoid arthritis AH Allam, SM Youssef, HH Moussa, Y Ezzat The Egyptian Journal of Chest Diseases and Tuberculosis 69 (1), 171-177	3	2020
Evaluation of obstructive sleep apnea in metabolic syndrome MF Negm, MH Kamel, WM Ebrahim, ZG Nor-Eldein, SM AboYoussef The Egyptian Journal of Hospital Medicine 88 (1), 3417-3422	2	2022
Foreign body aspiration direction in the trachea-bronchial tree: does cardiac magnetic field affect it? AG Elgazzar, MAG Elgazzar, AM Elnahas, SM Youssef, MM Rezk, ... The Egyptian Journal of Chest Diseases and Tuberculosis 69 (4), 659-663	1	2020
The role of ultrasound in assessment of positive end-expiratory pressure-induced lung recruitment in acute respiratory distress syndrome patients AAER Youssef, TS Essawy, KA Mohammad, SM Abo-Youssef		2023

TITLE	CITED BY	YEAR
The Egyptian Journal of Chest Diseases and Tuberculosis 72 (3), 461-467		
The Role of Chest Ultrasound Combined with Plasma Brain Natriuretic Peptide in The Differentiation between Cardiogenic and Noncardiogenic Pulmonary Edema MM Omar, MH Kamel, SMEN Wahdan, A Adel El-Fallah, SM AboYoussef The Egyptian Journal of Hospital Medicine 90 (1), 1019-1025		2023
Integrated Use of Transthoracic Ultrasound and Echocardiography in Evaluating Patients with Chronic Obstructive Pulmonary Disease AG El Gazzar, TS Essawy, HH Ebaid, AED Mohammad, SM AboYoussef The Egyptian Journal of Hospital Medicine 88 (1), 3668-3675		2022
Role of Serum Magnesium in Patients with Chronic Obstructive Pulmonary Disease SMA Youssef, MF Negm, AA Alfalah, HMA Mohamed, ME Elnaggar The Egyptian Journal of Hospital Medicine 88 (1), 3710-3716		2022
Expression level of micro-RNA-1, IL-5, IFNγ, and TNFα in adult-onset asthmatic patients SM Abo-Youssef, AH Allam, MS Mustafa, HS Abd el Hamid, AK Shahat, ... The Egyptian Journal of Chest Diseases and Tuberculosis 70 (2), 215-222		2021
Pulmonary function tests after septoplasty with inferior turbinectomy N Galal Eldin Kazem, SA Elfayoumi, SM Abo Youssef, HS Abdel Aziz, ... Pan Arab Journal of Rhinology 11 (2), 134-138		2021
Diagnostic Yield of Percutaneous Ultrasound Guided Biopsy of Peripheral Lung Lesions MF Negm Banha University		2019
Evaluation of role of computed tomography (CT) in the diagnosis of pulmonary hypertension AG Elgazzar, MAE Elmahdy, IM Elshazly, AM Ramzy, SM Abo Youssef Egyptian Journal of Bronchology 10, 310-318		2016
Comparison between Lung Ultrasonography, Plain X-ray, and Computed Tomography in Acute Bronchiolitis MM Rashad, SM Hussein, FEH Abdelrazek, HR Abdelbaset The Egyptian Journal of Hospital Medicine (October 2023) 93, 7413-7418		2023
Role of serum interleukin-6 in detecting disease severity in chronic obstructive pulmonary disease patients Abo-Youssef, Shaimaa M. ¹ ; Mohamed, Ahmed A. ¹ ; Abdel-Khalik, Hamasat A. ² ; Abdel-Hak, Nouran S. ¹ ; El-Sawy, Rehab E. ¹ <i>The Egyptian Journal of Chest Diseases and Tuberculosis</i> 74(3):p 274-282, July-September 2025 . DOI: 10.4103/ecdt.ecdt_67_24		2025
Quantitative Assessment of COPD Patients Using Computed Tomography Magdy Omar ¹ ; Mohamed Abdelmohsen Elmahdy ¹ ; Shaimaa Magdy Abou Youssef ² ; EMAN Fathy Abdelkhalik ³ ; Asmaa Magdy Abdel Aziz* Benha medical journal ^{42,1} ; 213-224.		2026

TITLE	CITED BY	YEAR
<p>Role of advanced MRI in differentiation between benign and malignant lung lesions</p> <p>S M Tawfik, M M Omar, M A Nasr, S M Abo Yousef Benha Journal of Applied Sciences 7,7; 47-55</p>		2026
<p>Early effects of hemodialysis on pulmonary function in patients with end-stage renal disease</p> <p>Shaimaa MA Youssef, Ali A Okab, Azza M Mahmoud, Etemad AE Mohammed The Egyptian Journal of Chest Diseases and Tuberculosis 74,1; 60-76</p>		2025
<p>Study of Renal Impairment in Patients with Obstructive Sleep Apnea Syndrome and Its Relation to the Disease Severity</p> <p>Shaimaa M Abo Youssef, Ahdaf A Enan, Samar Samy Ayoub, Enas M Mohammed, Rehab E Elsayy. Benha Medical Journal</p>		2025
<p>Role of pleural manometry and transthoracic ultrasonography to predict entrapped lung</p> <p>Shaimaa Magdy Abou Youssef, Ahmed Abdelsadek Mohamed, Diao Eldin Abdelazeem Amin, Nashwa Ahmed Amin. The Egyptian Journal of Bronchology, 18:75</p>		2024