

# CURRICULUM VITAE

Full name	<b>Shaimaa Magdy Hussein Abu-Youssef</b>
Birth date	<b>07/10/1981</b>
Title	<b>Pulmonology Consultant, Benha University Hospitals Assistant professor of Chest Diseases, and Tuberculosis, Benha University Hospitals</b>
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## Education

Colleges/Universities	Degree	Year	Field of study
Faculty of medicine, Benha university	M.B.B.CH	2004	<b>Medicine &amp; Surgery</b>
Faculty of medicine, Benha university	M.Sc.	2009	<b>Chest Diseases and Tuberculosis</b>
Faculty of medicine, Benha university	M.D.	2016	<b>Chest Diseases and Tuberculosis</b>

## Professions

- March 2005- February 2006: House officer, Banha University Hospital, Egypt.
- March 2006- August 2006: Family Medicine physician and General practitioner at Egyptian ministry of health, Egypt.
- August 2006- July 2009: Resident of Chest diseases and Tuberculosis: Chest Department, Banha University Hospital, Egypt.
- July 2009 - July 2016: Assistant Lecturer of Chest diseases and Tuberculosis; Benha Chest Department, Benha University Hospital, Egypt.
- September 2016: Lecturer of Chest diseases, and Tuberculosis, Benha University Hospital, Egypt.
- August 2021: Assistant Professor of Chest Diseases and Tuberculosis, Benha University Hospital, Egypt.
- June 2021: Member of Quality Assurance unit, Faculty of Medicine, Benha University.
- July 2022: Head of Early Clinical Experience and Communication Skills module, Benha university
- September 2022 till now: Head of sleep breathing disorders unit, Benha University Hospitals
- September 2023 till now: added member and Consultant of respiratory care unit till now

## Professional skills: -

- **Pulmonary Function Tests** - Performing and interpreting all PFTs (lung volume, capacities, and diffusion capacity) - Preoperative Assessment of PFTs of Patients Undergoing Thoracic Surgery –
- **Mechanical Ventilator and ICU** - Respiratory Care Unit Member at Benha University Hospital - Central Lines, Arterial Lines, CV Lines, End Bronchial Intubation, Care of Tracheostomy Tube, Dealing with Different MV Machines Invasive and Non-invasive -
- **Bronchoscopy Procedures** – Member of Bronchoscopy and medical thoracoscopy Unit, Benha University Chest Department - Diagnostic Procedures: Bronchial Lavage, Bronchoalveolar Lavage, Bronchial Brushing, Endobronchial and Transbronchial Lung Biopsy, Endobronchial Ultrasound- Transbronchial Needle Aspiration - Therapeutic Procedures: Removal of Foreign Body, Endobronchial Tumor Debulking by Cryotherapy or Electrocautery.
- **Pleural Procedures** - Thoracentesis for Both Diagnostic and Therapeutic Purposes
- **Chest Ultrasound Unit Team Member** - Diagnostic Tool for Chest diseases Applying Blue, FALLS, PINK Protocols in Diagnosing Chest Diseases - US Image-Guided Biopsy –
- **Pulmonary Hypertension** - Member of Pulmonary Hypertension Unit and Right Cath Lab at Benha University Hospital

## Educational Experience: -

- Undergraduate Teaching Including Lectures on Pulmonary Medicine & Clinical Teaching on Rounds –
- Postgraduate Teaching of Pulmonary Medicine and Clinical Teaching Rounds –
- Organizing Workshop on Sleep Medicine Unit for Postgraduate Students – at Benha University Hospitals.

## Publications:

	All	Since 2019
Citations	36	36
h-index	3	3
i10-index	2	2

## Shaimaa Magdy Abo Youssef

Lecture of Chest diseases, [Benha University](#)

Verified email at fmed.bu.edu.eg

[interventional bronchoscopy](#)

TITLE	CITED BY	YEAR
<a href="#">Polysomnographic and pulmonary function changes in patients with sleep problems after septoplasty with turbinectomy</a> YMH Mandour, SMA Youssef, HH Moussa American Journal of Otolaryngology 40 (2), 187-190	11	2019
<a href="#">Open versus closed pleura internal mammary artery harvesting and early pulmonary function after coronary artery bypass grafting</a> ME Rezk, MA Elgazzar, SMA Youssef, AS Emeraa, AE Elkafoury, ... Heart, Lung and Circulation 29 (9), 1412-1417	10	2020
<a href="#">Diagnostic role of interleukin-33 in the differentiation of pleural effusions especially tuberculous and malignant effusions</a> ASH Al-Aarag, MH Kamel, ER Abdelgawad, SM Abo-Youssef, ... BMC pulmonary medicine 19, 1-8	9	2019
<a href="#">Anti-citrullinated peptide antibodies with interstitial lung disease in patients with rheumatoid arthritis</a> AH Allam, SM Youssef, HH Moussa, Y Ezzat The Egyptian Journal of Chest Diseases and Tuberculosis 69 (1), 171-177	3	2020
<a href="#">Evaluation of obstructive sleep apnea in metabolic syndrome</a> MF Negm, MH Kamel, WM Ebrahim, ZG Nor-Eldein, SM AboYoussef The Egyptian Journal of Hospital Medicine 88 (1), 3417-3422	2	2022
<a href="#">Foreign body aspiration direction in the trachea-bronchial tree: does cardiac magnetic field affect it?</a> AG Elgazzar, MAG Elgazzar, AM Elnahas, SM Youssef, MM Rezk, ... The Egyptian Journal of Chest Diseases and Tuberculosis 69 (4), 659-663	1	2020
<a href="#">The role of ultrasound in assessment of positive end-expiratory pressure-induced lung recruitment in acute respiratory distress syndrome patients</a> AAER Youssef, TS Essawy, KA Mohammad, SM Abo-Youssef		2023

TITLE	CITED BY	YEAR
The Egyptian Journal of Chest Diseases and Tuberculosis 72 (3), 461-467		
<b>The Role of Chest Ultrasound Combined with Plasma Brain Natriuretic Peptide in The Differentiation between Cardiogenic and Noncardiogenic Pulmonary Edema</b>		2023
MM Omar, MH Kamel, SMEN Wahdan, A Adel El-Fallah, SM AboYoussof The Egyptian Journal of Hospital Medicine 90 (1), 1019-1025		
<b>Integrated Use of Transthoracic Ultrasound and Echocardiography in Evaluating Patients with Chronic Obstructive Pulmonary Disease</b>		2022
AG El Gazzar, TS Essawy, HH Ebaid, AED Mohammad, SM AboYoussof The Egyptian Journal of Hospital Medicine 88 (1), 3668-3675		
<b>Role of Serum Magnesium in Patients with Chronic Obstructive Pulmonary Disease</b>		2022
SMA Youssef, MF Negm, AA Alfallah, HMA Mohamed, ME Elnaggar The Egyptian Journal of Hospital Medicine 88 (1), 3710-3716		
<b>Expression level of micro-RNA-1, IL-5, IFN<math>\gamma</math>, and TNF<math>\alpha</math> in adult-onset asthmatic patients</b>		2021
SM Abo-Youssef, AH Allam, MS Mustafa, HS Abd el Hamid, AK Shahat, ... The Egyptian Journal of Chest Diseases and Tuberculosis 70 (2), 215-222		
<b>Pulmonary function tests after septoplasty with inferior turbinectomy</b>		2021
N Galal Eldin Kazem, SA Elfayoumi, SM Abo Youssef, HS Abdel Aziz, ... Pan Arab Journal of Rhinology 11 (2), 134-138		
<b>Diagnostic Yield of Percutaneous Ultrasound Guided Biopsy of Peripheral Lung Lesions</b>		2019
MF Negm Banha University		
<b>Evaluation of role of computed tomography (CT) in the diagnosis of pulmonary hypertension</b>		2016
AG Elgazzar, MAE Elmahdy, IM Elshazly, AM Ramzy, SM Abo Youssef Egyptian Journal of Bronchology 10, 310-318		
<b>Comparison between Lung Ultrasonography, Plain X-ray, and Computed Tomography in Acute Bronchiolitis</b>		2023
MM Rashad, SM Hussein, FEH Abdelrazek, HR Abdelbaset The Egyptian Journal of Hospital Medicine (October 2023) 93, 7413-7418		
<b>Role of serum interleukin-6 in detecting disease severity in chronic obstructive pulmonary disease patients</b>		2025
Abo-Youssef, Shaimaa M. <sup>1</sup> ; Mohamed, Ahmed A. <sup>1</sup> ; Abdel-Khalik, Hamasat A. <sup>2</sup> ; Abdel-Hak, Nouran S. <sup>1</sup> ; El-Sawy, Rehab E. <sup>1</sup> <i>The Egyptian Journal of Chest Diseases and Tuberculosis</i> <a href="#">74(3):p 274-282, July-September 2025.</a>   DOI: 10.4103/ecdt.ecdt_67_24		
<b>Quantitative Assessment of COPD Patients Using Computed Tomography</b>		2026
Magdy Omar1; Mohamed Abdelmohsen Elmahdy1; Shaimaa Magdy Abou Youssef2; EMAN Fathy Abdelkhalik3; Asmaa Magdy Abdel Aziz* Benha medical journal42,1; 213-224.		

TITLE	CITED BY	YEAR
<b>Role of advanced MRI in differentiation between benign and malignant lung lesions</b> S M Tawfik, M M Omar, M A Nasr, S M Abo Yousef Benha Journal of Applied Sciences 7,7; 47-55		2026
<b>Early effects of hemodialysis on pulmonary function in patients with end-stage renal disease</b> Shaimaa MA Youssef, Ali A Okab, Azza M Mahmoud, Etemad AE Mohammed The Egyptian Journal of Chest Diseases and Tuberculosis 74,1; 60-76		2025
<b>Study of Renal Impairment in Patients with Obstructive Sleep Apnea Syndrome and Its Relation to the Disease Severity</b> Shaimaa M Abo Youssef, Ahdaf A Enan, Samar Samy Ayoub, Enas M Mohammed, Rehab E Elsawy. Benha Medical Journal		2025
<b>Role of pleural manometry and transthoracic ultrasonography to predict entrapped lung</b> Shaimaa Magdy Abou Youssef, Ahmed Abdelsadek Mohamed, Diaa Eldin Abdelazeem Amin, Nashwa Ahmed Amin. The Egyptian Journal of Bronchology, 18:75		2024